

Underage & Binge Drinking Fact Sheet

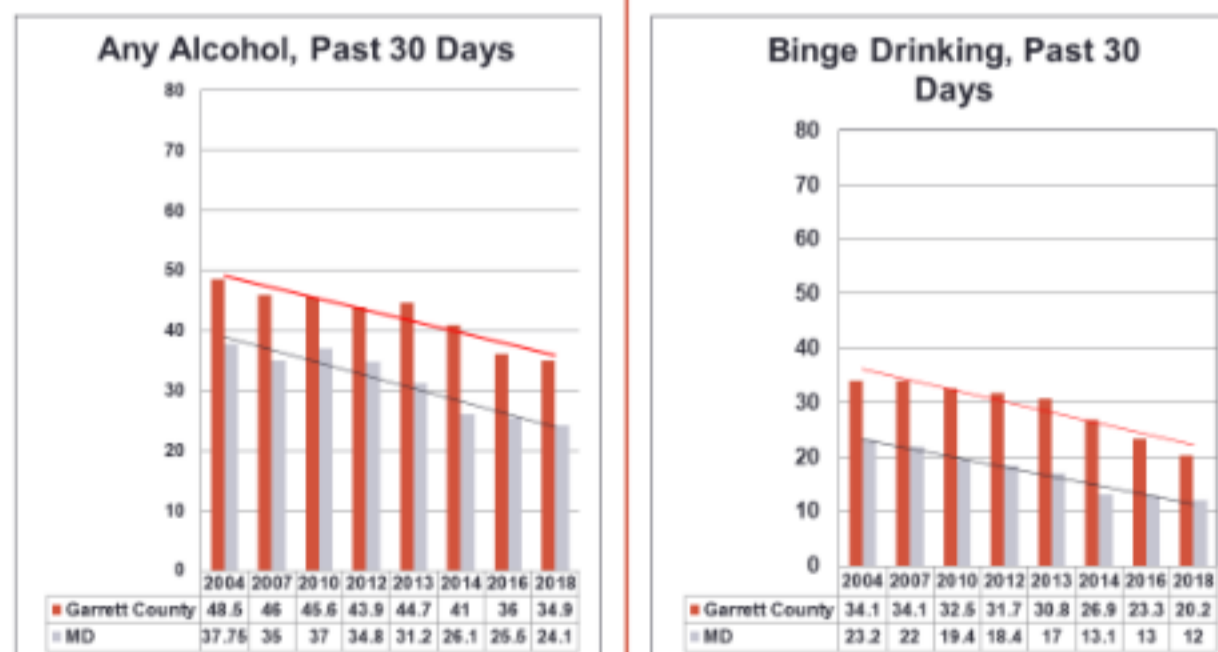
Statistics:

- Just over one in three Garrett County high school youth drank alcohol in the past 30 days.
- One in five reported binge drinking in the past 30 days (5 or more drinks in a row on one occasion).
- Garrett County's underage drinking trends show a steady decline for the last 15 years.
- Most Garrett County youth (77.3%) believe their parents would disapprove if they used alcohol regularly. (Garrett County Core Measure Survey, 2017)

Core Messages:

- Alcohol is the most commonly used and abused drug among youth in the United States.
- More than 90% of alcohol consumed by youth is consumed in the form of binge drinking.
- Youth report that the most common source for alcohol is from social sources such as friends, relatives, or other adults.

Alcohol Use, High School



2018 Maryland Youth Risk Behavior Survey

For more information, resources, and community tools, visit

drugfreegarrettcountry.org

